

## Main Menu - Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u> - Assorted cereal with banana & raisins, toast	<u>Breakfast</u> - Assorted cereal with banana & raisins, toast	<u>Breakfast</u> - Assorted cereal with banana & raisins, toast	<u>Breakfast</u> - Assorted cereal with banana & raisins, toast	<u>Breakfast</u> - Assorted cereal with banana & raisins, toast
Fruit & Rice Cakes	Fruit	Fruit	Cucumber & bread sticks	Fruit & rice cakes
<u>Lunch</u> - Fish fingers and ratatouille veggie fingers and potatoes and ratatouille	<u>Lunch</u> - Cheese topped bean and vegetable pasta bake	<u>Lunch</u> - Homemade beef & pepper chilli con carne and vegetable & kidney bean chilli con carne and rice	<u>Lunch</u> - Roast turkey mashed potato vegetables & gravy Vegetarian burger mashed potato vegetables & gravy	<u>Lunch</u> - Crunchy topped potato pie with peas and sweetcorn Crunchy topped vegetable potato pie with beans
<u>Pudding</u> - Banana & custard	<u>Pudding</u> - Fromage frais	<u>Pudding</u> - Apple crumble and custard	<u>Pudding</u> - Fruit cocktail	<u>Pudding</u> - Fromage frais
Fruit	Carrot & cucumber	Fruit & cheese	Fruit	Fruit
<u>High Tea</u> - cheese and chicken wraps with crudities cheese wraps and crudities	<u>High Tea</u> - Homemade butternut squash, cannellini bean and sweet potato soup with a wholemeal roll	<u>High Tea</u> - Jacket potato and beans	<u>High Tea</u> - Crackers, cheese chicken and crudities	<u>High Tea</u> - Home made cheese tomato & chicken pizza with salad
<u>Pudding</u> - Homemade biscuits	<u>Pudding</u> - Assorted melon	<u>Pudding</u> - Peaches	<u>Pudding</u> - Fromage frais	<u>Pudding</u> - Pineapple

Red: Protein

Blue: Dairy

Green: Fruit and Veg

Yellow: Carbohydrates